



Workers' Compensation

Urban Myths

URBAN MYTH: While I am off work and receiving temporary disability (TD) benefits, my health, dental, and vision insurance will continue to be covered.

URBAN FACT: Health benefits are NOT automatically continued while on TD—you must have enough leave hours to supplement your pay to cover the employee-paid portion of your benefits, otherwise you will need to pay your share to HSS directly.

What are temporary disability (TD) benefits?

TD benefits pay 2/3 of your average weekly salary (up to a statutory maximum) while recovering from a work-related injury or illness. You can supplement TD benefits with leave hours to receive your full pay.



Have Questions?

Contact DHR Workers' Compensation Division!



(628) 652-0880



Quick Facts

1. While on TD, your paycheck will not automatically cover your health insurance premiums.
2. Health insurance premiums are not deducted from TD. You need enough leave hours to cover your premium deductions, or you will have to pay the employee-portion of your benefits to HSS directly.
3. Consider temporarily pausing your voluntary deductions like deferred compensation while on TD to ensure you can cover your premiums.
4. If benefits lapse, they're suspended until you return to work. You have 30 days after returning to work to contact SFHSS to reinstate.



When to Reach Out to SFHSS

Contact HSS at sfhss.org/leave-absence if you are:

- Going on long-term leave
- Running low on leave credits
- Need to make a direct payment