

# AGENCY OVERVIEW



SUPPORT FOR FAMILIES  
EDUCATION • EMPOWERMENT • EQUITY

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## **Our Mission:**

- Empower families of children and youth with disabilities, learning differences, developmental concerns, and complex medical needs
- Provide information and resources to help families make informed choices
- Promote equity, accessibility, and inclusion for all children, youth and families.
- Build a strong, inclusive community where every child and youth has the supports and accommodations they need to thrive

# HOW WE HELP FAMILIES



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- **Family Support and Engagement:** 1:1 Service navigation support, case management, playgroups, parenting workshops, and support groups. Designated as the SF Family Resource Center for CYSHN and a CA Early Start Family Resource Center
- **Inclusive Events and Mentorship:** Fun family and social recreation events and a Parent Mentor Program connecting families to peers and resources
- **Education and Empowerment:** Training for parents and professionals, as well as a Youth Advisory Council developing self-advocacy for Transition-aged youth., including federal and state designations as Family Empowerment Center, Parent Training and Information Center, and Community Parent Resource Center
- **Professional Training and Inclusion Support:** Inclusion coaching, ASQ trainings, and technical assistance for childcare providers
- **Centralized Access Point:** SF Dept. of Early Childhood Early Connections

# ADVOCACY INITIATIVES

- **SF Kids Collaborative: the San Francisco Interagency Collaborative for CYSHN**

SF Kids empowers families and agencies to work together to create meaningful, family-centered systems change for children and youth with disabilities and complex medical needs. Families receive a stipend to share their lived experience and work with professionals to improve services and reduce barriers

Key workgroups include Early Intervention, School age, Transition age, and data (Behavioral/Mental Health coming in 2026)

- **Family Voices of California (FVCA)**

FVCA is a statewide collaboration of parent-run centers focused on ensuring quality healthcare for children and youth with disabilities. It provides resources and a platform for families to advocate for improved policies and fosters partnerships between professionals and families. FVCA is the federal **Family to Family Health Information Center** for the State of California and home of Project Leadership the nationally recognized parent advocacy training initiative

# IMPROVE SOCIAL, RECREATION, and WORKFORCE OPPORTUNITIES FOR CHILDREN AND YOUTH WITH DISABILITIES

Provide leadership across city programs to help children and youth with disabilities build community and be supported, valued, and included in their community.

## Recommended Initiatives:

- Collaborate with Parks and Recreation to address key barriers and needs such as:
  - Later start times for teens because they often have longer commute from schools
  - Increased accessibility for parks and playgrounds across the city (adaptive swings, slides and equipment, appropriate surfaces, protective fencing, beach mats/access etc.)
  - Training for staff and improved staffing ratios to safely and appropriately include children with more extensive support needs in city programming
  - Appropriately staffed full-day care during summer and school breaks
- Provide clear support, direction/information, and accommodations for youth with disabilities to be able to access and be included in existing city programming such as internships and youth activities

# THANK YOU!

**Contact us anytime for support and community!**

**Phone:** (415) 920-5040

**In Person:**

832 Folsom St., Suite 1001, San Francisco

**Drop-in:** Monday to Friday, 10 am to 2 pm

**Office Hours:**

Monday, Wednesday, and Friday: 9am to 5pm

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