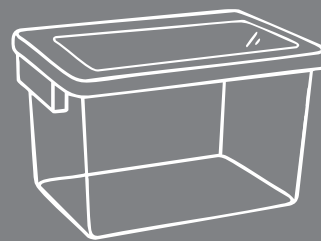




# Stay Box

Your Stay Box is your home emergency kit. It is for items that will help your household be safe and comfortable when you need to stay in your home after a natural disaster and utilities and services aren't available.



**Be prepared for about a week without water or electricity.**



**Remember to check and refresh your Stay Box once a year.**



**You can gather supplies a little at a time until you have enough for everyone in your family to get by.**



**You can use any container to organize supplies. The key is to keep your Stay Box somewhere easy to access and out of direct sunlight like under a bed or in a closet.**

## Essentials



### **Water**

Try to have at least one gallon, per person, per day. Buy cases of water bottles next time you're at the store or consider investing in water storage tanks. Replace the water every six months, or according to the expiration date on sealed bottles.



### **Non-perishable food**

Keep foods that don't go bad and don't need to be cooked. Choose high-protein foods (like canned fish, beans, vegetables, protein bars) that you like to eat. Make sure cans are pull tops or pack a can opener.



### **Trash bags and sanitation items**

Heavy duty trash bags can be used with a bucket as a toilet if water/sewer service is impacted. Include toilet paper, feminine supplies, hand sanitizer, and soap.



### **Flashlight or headlamp + extra batteries**

A good flashlight or headlamp (for hands-free use!) is very helpful if power is out. Have extra batteries.



### **Radio (battery-operated or hand-crank) and extra batteries**

Check KCBS 740 AM / 106.9 FM, KQED 88.5 FM, KALW 91.7 FM, and NOAA Weather Radio 162.400 MHz



### **Personal documents**

Keep printed copies of your driver's license, passport, leases, titles, contact list, and any other crucial documents in a waterproof container. Organize digital copies too.








### **Prescriptions and medical equipment**

Keep extras of any medicine you take on a regular basis. If your medical devices require electricity, make a plan for battery-operated or generator-fueled alternatives.

*continued* ➔





## Essentials



- ☐  **First aid kit**  
Bandages, antiseptic wipes, gauze, gloves, and pain relievers.
- ☐  **Cellphone chargers**  
Battery-operated, solar-powered, or car plug-in.
- ☐  **Fire extinguisher**  
You didn't start the fire. But you can help extinguish it.

- ☐  **Tools**  
Having a wrench, hammer/nails, and duct tape will help you turn off the gas if you need to, repair broken windows, or board up your home.
- ☐  **Pet items**  
Remember to store food, toys, and extra water for your pets.

## Useful

These items are things that many people want in an emergency - but don't always think of.

- ☐  **Cash**  
In an emergency, credit cards might not work, and cash becomes important. Have small bills on hand.
- ☐  **Sleeping bag or blankets**  
Blankets and sleeping bags can help you stay warm.
- ☐  **Mess kits**  
Make meals easier with disposable plates, utensils, cups and paper towels.
- ☐  **N95 masks**  
Filter contaminated air, if needed.

- ☐  **Entertainment**  
Have a favorite board game or book? Toys for children? Little things can make a big difference to keep you and your family calm.
- ☐  **Other items specific to your needs**  
Each of us has different needs. What else might you or people in your family need to stay safe and comfortable?

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