

PROGRAM COLLABORATORS (2020-2021)

Clinic Partners	Park Partners	Administrators
3rd Street Youth Clinic and Center (3YCC)	SF Rec and Parks	BMagic
Southeast Health Clinic (SEHC)	Literacy for Environmental Justice & Candlestick Point Recreation Area	3YCC (July 2022)
Bayview Child Health Clinic (BCHC)	Heron's Head Park/ Eco Center	

MISSION AND GOALS

The Park Prescription program proposes to foster a collaborative approach to improve health outcomes while strengthening the connection between the healthcare system, parks and open public lands.

Target Population:

Bayview residents at participating clinics diagnosed with or at risk for a chronic condition, mood affect disorder (depression, anxiety, etc.) obesity, diabetes, heart disease hypertension/high blood pressure

Bayview residents driven and motivated due to health conditions and are ready for a lifestyle change and reaches out for support and finds the Park Prescription Program.

Together we deliver a Park Rx program tailored for Bayview
Hunters Point residents.

Organization Chart for Program (2020-2021)

BMAGIC

Primary Care/Health & Wellness

Park Oversight
Committee
Clinic and Park
Leadership

Park/ Activities

3rd Street
Youth
Center and
Clinic

Bayview Child Health Clinic Southeast Health Clinic

SF Rec and Parks

Literacy for Environmental Justice

Youth
Outreach
Coordinator

Health Educator Bayview
Recreation
Centers &
Park
Activation &
Programming

Candlestick
Point State
Park
Activation,
Youth
Programming

Program Referral Process (2020-2021)

Health Educator follows up with referrals & inquiries.

Texts or emails survey

Review survey, do goal setting and stamp card distribution.
Receive Class Schedule or access to calendar.

Attend classes and fill up passport stamp card

Health Educator for data collection and assessment of outcome and progress

Doctor/Healthcare
Provider Writes
Prescription

Patient finds program through pop-up event, park program, family or friend. Receives pamphlet about program and health educator appointment opportunities.

Learn about class schedule & Health Educator appointment opportunities

Repeat if desired, make a new goal to reach your health and wellness journey

Looking Forward: The Year Ahead

- 1.Focus on youth at 3rd Street Youth Center and Clinic-Build a future cohort for summer programming Activities include yoga, art making, kayaking, food justice campaigns etc!
- 1.Park Rx will be plugging into existing youth programs at 3rd Youth Clinic and Center to introduce 3YCC Youth to the program

Youth Outreach Squad

Health Core

3rd Street Youth Academy

Summer Health Education Program

- 3. Monthly outreach events to build community partnerships + quarterly community newsletter
- 4. Park Rx Referrals Cards for our Community Health Worker to distribute to youth interested in health and wellness activities

Scholarship Program

- 1. Park Rx has Partnered with SF Rec and Parks to make scholarships for rec accessible through in-person outreach and application support in order to get youth connected with rec opportunities without a financial burden
- 2. Scholarship guide + online application form that the Outreach Coordinator will pass off to the scholarship coordinator at SFRP
 - a. Sign-up on active net
 - b. Apply for scholarship
 - c. Sign up for activities/classes
- 3. Scholarships cover up to 100% of rec and park classes and activities and now lasts for 2 years and household income is no longer required