



San Francisco Health Network
Laguna Honda Hospital
and Rehabilitation Center

Spotlight on Laguna Honda Physical Medicine and Rehab

13 April 2026- Joint Commission Meeting



Laguna Honda Rehabilitation



- **The Rehabilitation Department at LHH provides Occupational, Physical, Speech Language Pathology and Physiatry services to adult patients of all ages in the following settings: Inpatient (Acute rehab, SNF), long term care, and outpatient (mostly LHH grads).**
- **The patient population includes those affected by physical illness or injury, emotional and cognitive disorders, receptive and expressive impairment, dysphagia, congenital or developmental disabilities and the aging process.**
- **Common payor types include but not limited to Medicare, Medi-Cal, SF health plan, Anthem, but not limited to.**



SNF (Inpatient) Rehabilitation



- **Our SNF rehabilitation program serves people with illnesses or injuries who can benefit from intensive and comprehensive services requiring therapies 5 times a week.**
- **We help patients recovering from a range of conditions including stroke, brain injury, spinal cord injury, limb amputation, multiple fractures or trauma, and complex medical conditions who:**
 - **Require physical and occupational therapy**
 - **Can participate and progress in therapy**
 - **Can tolerate therapy 5 days a week**





Laguna Honda Rehabilitation Staffing and Census

**8.5 Physical Therapists, 2 PT assistants,
7 Occupational Therapists, 6.2 Speech Language pathologists,
6 Therapy Aids. When fully staffed,
2.2 FTE Psychiatrists.**

3/31/25-4/1/26	OT	PT	SLP	TOTAL
# of patients	454	550	253	1257
# of visits	3605	4904	1187	9696



LHH Resident Profile: GB



27-year-old male with severe TBI after witnessed ground level fall. Presented to ZSFGH ER on 4/21/25 with acute seizure, high intracranial pressure and evolving neurologic exam concerning for impending herniation. Had two emergent decompressive hemicraniectomies by Neurosurgery for consecutive intracranial bleeds.

Hospital course at ZSFGH notable for prolonged stay in neuro-ICU. He had tracheostomy and PEG tube placed, numerous intracranial washouts, and an intracranial shunt placed. Medical complications included infections, blood clots, and pressure wounds.



LHH Resident Profile: GB (cont'd)

Admitted to LHH on 6/12/2025 with a Rancho iii (but approaching iv-v) level injury, responding inconsistently to stimuli, following some simple commands, and requiring total assistance. Cognition remained highly impaired.

Ranchos Los Amigos Scale Levels		
Level	Response	Assistance Needed?
Level I	No Response	Needs Total Assistance
Level II	Generalized Response	Needs Total Assistance
Level III	Localized Response	Needs Total Assistance
Level IV	Confused-Agitated Response	Needs Maximal Assistance
Level V	Confused-Inappropriate Response	Needs Maximal Assistance
Level VI	Confused-Appropriate Response	Needs Moderate Assistance
Level VII	Automatic-Appropriate Response	Needs Minimal Assistance
Level VIII	Purposeful-Appropriate Response	Needs Stand-By Assistance



LHH Resident Profile: GB (cont'd 2)

▶ Short term goals included improving bed mobility, tolerating upright sit, engaging in grooming and dressing tasks. Speech and language goals were to work with cognition, communication and swallow.

With SNF rehabilitation program, our physiatry department and coordination with specialists at ZSFG and UCSF:

- Team worked on medication optimization for treatment of spasticity and cognition
- Patient now eats on his own
- No longer needs a breathing tube of any kind
- Has started walking
- Cognition has improved to Rancho VII, and is projected to graduate to Rancho VIII soon
- Anticipate a discharge to community in the near future.

But first, he will dance at his sister's wedding this month!





**Partners in Care... Dr. Cohn and
Gilberto**





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Questions?

