

SUMMARY OF COMMUNITY-BASED ORGANIZATION AGREEMENTS AND OTHER DIRECT TREATMENT PROVIDERS

REQUEST TO THE HEALTH COMMISSION

This Agreement is for the provision of direct treatment/services that serves as an extension of DPH's service delivery system.

Vendor:	Regents of the University of CA UC CAS NFPPB	Division/Section:	DPH BHS- CYF SOC
		Deputy Director:	Max Rocha
Address:	675 18 th Street	DPH Administrator:	Farahnaz Farahmand (Director) Lisa Hilley (Deputy Director) *presenter
	San Francisco, CA 94107	Program Administrator:	Diana Salazar Phone: 628-271-6594
Contact:	Mitchel Phone: 925-518-0438 Zach	Contract Analyst:	Stephanie Hon Phone: 628-754-9438

Request for approval of a New Professional Services Agreement with the Regents of the University of California (UCSF Health) to provide specialty mental health services to high-risk adolescents. The total proposed agreement amount is \$6,124,619 which includes a 12% contingency for the term of 07/01/2025 through 06/30/2030 (5 years).

Mark only one for each question below:

1. **Vendor Type:** ☐ For Profit ☐ Non-Profit ☒ Government Entity
2. **Is the Vendor a CMD Certified LBE?** ☐ Yes ☒ No
3. **Purchasing Authority:** ☐ RFP ☐ Sole Source ☒ Ch 1.25 (G2G)
4. **Does DPH have other existing agreements with this Vendor?** ☒ Yes ☐ No
 If yes, approximately how many years has DPH been doing Over 30 years
 business with this Vendor? Provide explanation, as needed. _____

AGREEMENT INFORMATION

Proposed Transaction

07/01/2025 – 06/30/2030

FUNDING SOURCES: (PUT % OF EACH FUNDING SOURCE)

General Fund (2%)
Medi-Cal (49%)
State (49%)(match)

Initial Year	All Ongoing Years <i>exclude initial year</i>	Total
\$30,000	\$129,274	
\$500,000	\$2,154,568	
\$500,000	\$2,154,568	
<u>TOTAL DPH REVENUES:</u>	<u>\$4,438,410</u>	<u>\$5,468,410</u>

12% Contingency Amount

		\$656,209
<u>TOTAL AGREEMENT AMOUNT WITH CONTINGENCY:</u>	<u>\$1,153,600</u>	<u>\$4,971,019</u>

ONE-TIME COSTS:

ANNUAL AMOUNT WITHOUT CONTINGENCY*:

<u>\$1,030,000</u>	<u>\$1,109,603</u>	<u>\$5,468,410</u>

**Ongoing years excludes one-time costs.*

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PROPOSED UNITS OF SERVICES

Mode(s) of Service & Unit of Service (UOS)/ Number of Contacts (NOC) Definition	Number of Clients <input type="checkbox"/> Duplicated <input checked="" type="checkbox"/> Unduplicated	Number of Units/ NOC	Unit Cost
1,187.37 UOS (Unit of Service = hours)	17 (8 for FBT & 9 DBT)	N/A	\$867.46/hour * Please note this is aligned with DHCS Outpatient Fee Schedule

Purpose of Agreement:

This new contract provides an expansion of critical intensive outpatient and highly specialized evidence-based treatments for children, youth, and their families. It is also part of UCSF's commitments to serve Medi-Cal beneficiaries at their state-of-the-art Nancy Friend Pritzker Psychiatry Center for children and adolescents. This center provides comprehensive services and a variety of evidence-based treatments for various specialty needs. While the intention is to be able to refer youth to any of the programs they offer within their center, UCSF and DPH are starting their partnership with two specific programs: Dialectical Behavioral Therapy (DBT) & Family Based Treatment (FBT) for Eating Disorders.

The UCSF DBT Clinic provides services to high-risk adolescents. This evidence-based program specializes in identifying and treating depression and risky behavior, including self-injury, suicidal ideation and suicide attempts, substance use, bingeing and purging, risky sexual behavior, physical fighting, and other forms of risk-taking. This treatment model has proven effectiveness to reduce suicide risk and frequent inpatient psychiatric hospitalizations of adolescents.

The UCSF Eating Disorders FBT Program provides comprehensive outpatient services for the assessment, treatment, and follow-up of adolescents with eating disorders. This program provides outstanding care for young people (up to age 21) with anorexia nervosa, bulimia nervosa, avoidant/restrictive food intake disorder, binge eating disorder, and other eating disorders. FBT for eating disorders is an evidence-based treatment and the gold standard treatment for youth with eating disorders.

Nancy Friend Pritzker Psychiatry Building welcomes and serves all ethnicities and populations within San Francisco, with focused expertise to meet the unique mental health needs of children, adolescents, aged 0-20 y/o and their families. This contract will aim to serve 17 unduplicated clients (8 FBT & 9 DBT); however DPH and UCSF will partner to assess needs and shift these projections when we are able to access other specialty services they offer within the larger center (e.g., services for youth with developmental disabilities, evidence based treatments for obsessive compulsive disorder, etc.).

UCSF Nancy Friend Pritzker Psychiatry Building Opened in 2022, is a one-of-a-kind treatment center that aims to redefine mental health services and make a bold statement against stigma. Situated adjacent to UCSF's Mission Bay campus in San Francisco's Dogpatch neighborhood, the Pritzker Building is one of the few in the nation that combines outpatient mental health care for people of all ages with top-ranking programs in psychiatry and psychology training. It includes a center for pediatric, adolescent, and family health care, and promotes collaborative research across psychiatry, psychology, neurology, neurosurgery, radiology, pediatrics, anesthesiology, and obstetrics/gynecology – all under one roof.

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The scope of work from this contract is located in the UCSF Child, Teen, and Family Center. The center includes its own child-friendly entrance, a rooftop garden accessible to patients and staff, alongside a community-based youth art program, a therapeutic kitchen for families of patients with eating disorders and much more.

This will be the first time UCSF is offering these services to Medi-Cal beneficiaries in well over 10 years. Previous to the new Mission Bay location, these youth services were held at the UCSF Parnassus campus.

Monitoring Report/Program Review & Follow-up:

This Agreement will receive annual monitoring through the DPH Business Office of Contract Compliance (BOCC), including for performance and fiscal stability.

This is a new contract/program and has not been monitored by DPH BOCC. There is no prior history of this department doing specialty mental health services with DPH-BHS in well over a decade. With that said, UCSF Pritzker is known for their specialization in DBT and FBT and they have been serving private/other insured families for a significant amount of time. Families travel from all across the Northern California region for their services. There are highly specialized clinical tools utilized to measure progress in treatment. While there is no prior history of treatment services and monitoring of outcomes, faculty in the DBT and FBT programs have partnered with DPH-BHS-CYF through grants and other efforts on training/consultation to support our workforce capacity around these practices in the past. The feedback from our workforce has been overwhelmingly positive in terms of impact of this support.

DPH-BHS-CYF will align monitoring of this program through the annual BOCC monitoring reports and standard objectives. Outcome tools utilized per DHCS regulations include the Child and Adolescent Needs and Strengths (CANS) and Pediatric Symptom Checklist (PSC-35) administered every 6 months.

Listing of Executive Director and Board of Directors:

Executive Director: Richard Seefeldt
Executive Director, UCSF Ambulatory Business Unit

Shavalee Rios-Savanapridi – Director, Outpatient Behavioral Health Services & Site Administrator,
Pritzker Building Clinical Departments UCSF Health

Board of Directors: Regents of UC
