8.02 PEDIATRIC ALTERED MENTAL STATUS

EMSAC JULY 2025

KNOWN OR SUSPECTED HYPOGLYCEMIA

BLS Treatment

- Position of comfort.
- NPO, unless otherwise specified.
- Assess circulation, airway, breathing, and responsiveness.
- Oxygen as indicated.
- Provide Spinal Motion Restriction as indicated or position of comfort as indicated.
- Appropriately splint suspected fractures/instability as indicated.
- Bandage wounds/control bleeding as indicated.
- Oral Glucose to known diabetic patients with symptoms of hypoglycemia.

ALS Treatment

Current American Heart Association Guidelines concerning Emergency Cardiac Care assessments and interventions shall always take precedence over local protocols when there is a conflict concerning techniques of resuscitation.

- Advanced airway if indicated.
- IV/IO of Normal Saline at TKO.
- Check blood glucose. If blood glucose <60 mg/dl: administer Dextrose.
- If no IV or IO access: administer Glucagon.

AMS OF UNKNOWN CAUSE

BLS Treatment

- Position of comfort.
- NPO, unless otherwise specified.
- Assess circulation, airway, breathing, and responsiveness.
- Oxygen as indicated.
- Provide Spinal Motion Restriction as indicated or position of comfort as indicated.
- Appropriately splint suspected fractures/instability as indicated.
- Bandage wounds/control bleeding as indicated.
- Oral Glucose to known diabetic patients with symptoms of hypoglycemia.

ALS Treatment

- IV or IO of Normal Saline at 10 ml/kg.
- Naloxone: Neonate = AVOID use in neonate
- Check blood glucose. If blood glucose <60 mg/dl: administer Dextrose.
- If no IV or IO access: administer Glucagon.

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8.02 PEDIATRIC ALTERED MENTAL STATUS

EMSAC JULY 2025

BRIEF RESOLVED UNEXPLAINED EVENT (BRUE)

APPARENT LIFE-THREATENING EVENT (ALTE)

BLS Treatment

- Position of comfort.
- NPO, unless otherwise specified.
- Assess circulation, airway, breathing, and responsiveness.
- Oxygen as indicated.
- Provide **Spinal Motion Restriction** as indicated or position of comfort as indicated.
- Appropriately splint suspected fractures/instability as indicated.
- Bandage wounds/control bleeding as indicated.
- Oral Glucose to known diabetic patients with symptoms of hypoglycemia.

ALS Treatment

- IV or IO of Normal Saline As indicated
- Naloxone: Neonate = AVOID use in neonate
- Check blood glucose. If blood glucose <60 mg/dl: administer Dextrose.
- If no IV or IO access: administer Glucagon.

BRUEALTE is defined as:

- Age less than or equal to <u>12</u> years old.
- Observer reports a sudden, brief (<1 minute) and now resolved episode of one or more of the following: Episode frightening to the observer (may think the infant has died) and involves some combination of:
 - Absent, decreased or irregular breathing pnea
 - Color change (Ceyanosis or, pallor), erythema, plethora)
 - Marked change in muscle tone (<u>hypertonia</u>, <u>hypotonia</u> <u>limpness</u>)
 - Altered level of responsiveness
 - Choking or gagging

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8.02 PEDIATRIC ALTERED MENTAL STATUS

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