

# Direct-To-Inject Buprenorphine

## What is Buprenorphine (AKA bupe)?

- Buprenorphine is a medication for **chronic pain or opioid use disorder**
- **It replaces and blocks** the effects of other opioids
- Buprenorphine helps to stop withdrawal, reduce cravings, and prevent overdose



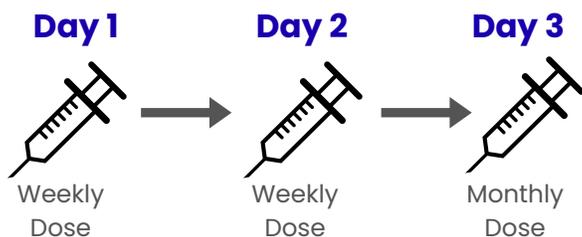
## What is Direct-To-Inject (DTI) Buprenorphine?

These are methods that allow you to start buprenorphine without taking buprenorphine tablets or strips first

## Which method is right for you?

*"I would like to minimize withdrawal and I have other opioids for the next 2-3 days"*

### 3-Injection DTI

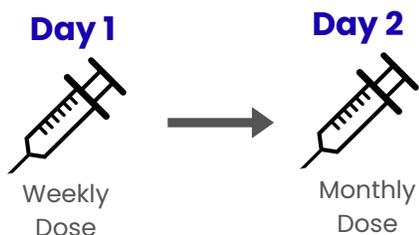


### After starting...

- Avoid using other opioids for the first 1-2 hours after each injection and then you can resume using opioids
- Sublingual buprenorphine may be used 24 hours after the second injection

*"I would like the quickest option. I am able to go 6-12+ hours without using and can be in mild withdrawal to start"*

### 2-Injection DTI



### After starting...

- Avoid using opioids for 6 hours after your injection
- Sublingual buprenorphine may be used 24 hours after the first injection
- You may feel a little rough for the first 24 hours until the medicine takes full effect

# What to expect next



## In the next 24 hours, you might experience...



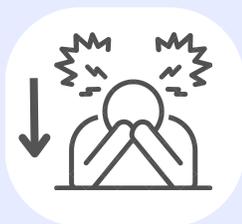
- Depending on where you are in the direct-to-inject process, you may experience some withdrawal after your injection. **Withdrawal is treatable.** Use the kick-pack medications if provided.
- If you feel worse than expected, tell someone! **There are many options** to help with withdrawal symptoms. Please reach out to your provider to discuss further.
- If necessary, you can always call 911 or present to the hospital if you feel your withdrawal symptoms are not manageable where you currently are.



## And in the coming weeks...



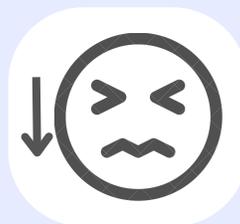
### Reduced Cravings



### Reduced Overdose Risk



### Reduced Pain



### More Stable Energy



- Most people start to feel benefits from buprenorphine treatment after several days
- Your provider will be able to address any questions or concerns that you may have throughout this process. **We are here to support you!**

## Come see us again on:

Date:

At:

For:

