

Coastal Valley Academy (CVA)

Custody Commitment Program

Committed to Influencing Positive Change

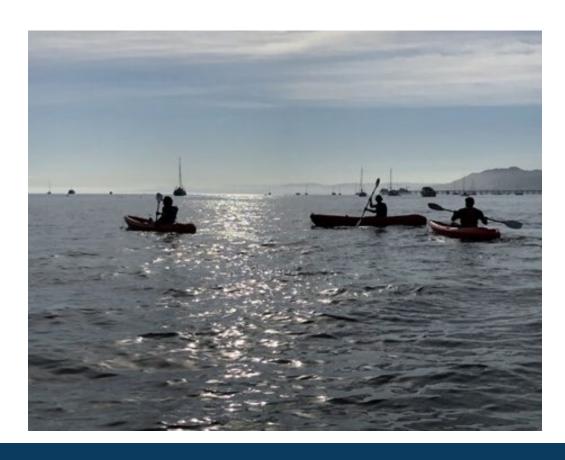
Positive Behavioral Interventions & Support

Safe & Supportive Environment

Pro-Social Activities



Pro-Social Activities







Program Overview

Comprehensive Residential Treatment

Intensive Case Management

Evidence-Based Treatment Programming

Education & Vocational Services

Skill Building

Aftercare



Program Staff-Probation

Juvenile Services Officer (JSO)

Deputy Probation Officer (DPO)

Probation Assistant (PA)

Supervising DPO (SDPO)

Assistant Chief Deputy Probation Officer (ACDPO)

Chief Deputy Probation Officer (CDPO)



Program Staff

Behavioral Health Staff

Public Health Medical Staff

Family Care Network, Inc. (FCNI)

County Office of Education (SLOCOE)



Program Purpose

Provide a safe and effective replacement for congregate care

Engage youth and families in treatment and reunification

Connect youth to positive, pro-social activities

Prepare youth to successfully return to their community



Who We Serve

Wards of the Juvenile Justice Court

Moderate to High Criminogenic Risk

Fourteen to Eighteen Years Old

Youth from San Luis Obispo County

Youth from other counties in California



Program Services

Cognitive Behavioral Intervention Curriculum

Skills Groups

Individual, Family, and Substance Use Counseling

Neurofeedback

SoundHeal



Program Services

Child and Family Team (CFT) meetings

Independent Living Program (ILP)

Department of Rehabilitation (DOR)

Rising Scholars

Restorative Partners (RP)



Level System: Peaks & Valleys

Behavior Based

Linked to all "Locations"

• Unit, Classroom, Treatment, Curriculum, and Outing

Individualized

• Approximately six months to one year

Aftercare Component



Standard Treatment Dosage (In-Custody)

Approximately 134 hours

- Curriculum (52 hours)
- Skills Group (51 hours)
- Individual Counseling (26 hours)
- Family Counseling (5 hours)



Standard Treatment Dosage (Aftercare)

Approximately 50 hours

- Skills Group (25 hours)
- Individual or Family Counseling (25 hours)



Youth's Transition Plan Options

- Relationships
- Treatment
- Skills
- Education
- Goals



Program Achievements

- Youth who successfully completed the in-custody portion of the program have demonstrated an average risk reduction of 10%
- Recipients of the California State Association of Counties (CSAC) Challenge Award
- On average, six to eight youth earn their high school diploma



CVA Video





Questions & Comments

