

Eye Doctor Referral Directory – SUMMER 2025

If you are a San Francisco Health Plan (SFHP) Medi-Cal member, then you receive vision services through Vision Service Plan (VSP).

To find a VSP provider, visit www.vsp.com/medicaid, or call 1-800-877-7195. VSP will give you contact information for a participating provider.

Website for more details: <https://www.sfhp.org/programs/medi-cal/benefits/vision-services>

If you are a Anthem Blue Cross Medi-Cal member, then you receive vision services through Vision Service Plan (VSP).

To find a VSP provider or ask questions about vision benefits, call VSP at 1-800-877-7195 (TTY 711).

Website for more details: <https://mss.anthem.com/california-medicaid/benefits/medi-cal-plan-benefits.html>

NOTE: Capacities in accepting Medi-Cal patients vary from clinic to clinic and often from month to month.

Please always call the clinic first to verify that they accept your insurance.



Name, Address, Telephone	Hours	Accepting new patients, and Insurance Accepted (Call clinic to verify your insurance)	Other languages spoken	Able to support children with special needs/non-verbal	Sell glasses frame for children 3-5 y.o	Minimum age of child
Chinatown/North Beach (94108, 94133)						
Dr. Bradford Chang, O.D. 929 Clay Street, # 203 (415) 982-1700 Website: www.bradfordchangod.com	MON - FRI: 9:30 AM - 4 PM	Accepting New Patients Medi-Cal (associated with SFHP) VSP EyeMed Anthem Scan	Cantonese Mandarin Vietnamese Khmer/Cambodian	No	No	5 years old and older. Child needs to know English alphabet or numbers.
Dr. Christopher Tong, O.D. 899 Washington Street # 6 (415) 781-4524	TUE/THU/SAT: 10 AM–12:30 PM and 1:30–6 PM MON/FRI: 10 AM–12:30 PM and 1:30–4 PM SUN/WED: Closed	Accepting New Patients Medi-Cal (associated with SFHP and Anthem) VSP	Cantonese Taishanese Mandarin	Yes, if needed will refer out	Yes, limited supply	3 years old and older. Child does <u>not</u> need to know English alphabet or numbers.
Crystal Clear Vision Dr. Theresa Chew, O.D. 781 Vallejo Street (415) 677-9930 Website: https://www.theresachew.com	MON/TUES and THU-SAT: 9 AM - 5 PM	Accepting New Patients VSP Medi-Cal EyeMed And more (Please check with clinic about insurance accepted)	Cantonese Mandarin	No	Yes	No age minimum. Child needs to know English alphabet or numbers.

Name, Address, Telephone	Hours	Accepting new patients, and Insurance Accepted (Call clinic to verify your insurance)	Other languages spoken	Able to support children with special needs/non-verbal	Sell glasses frame for children 3-5 y.o	Minimum age of child
<p>Northeast Medical Services (NEMS) Optometry Clinic</p> <p>Chinatown Clinic: 1520 Stockton Street</p> <p>(second location at Portola Clinic on 2574 San Bruno Ave.) 415) 391-9686 Website: https://nems.org/services/optometry</p>	MON–SAT: 8:30 AM - 5 PM	<p>Accepting New Patients</p> <p><i>Must be a NEMS patient.</i></p> <p>Medi-Cal (associated with SFHP and Anthem Blue Cross) FFS</p>	Interpreters for all languages available.	Yes	Yes	<p>No age minimum.</p> <p>Child needs to know English alphabet, numbers, or shapes.</p>
Polk Gulch/Russian Hill/Nob Hill (94109)						
<p>Drs. Hiura & Hiura Optometrists Dr. Ronald Hiura, O.D.</p> <p>1418 Polk Street</p> <p>415) 776-2352 Website: https://www.drhiura.com</p>	<p>MON – FRI: 9 AM – 5PM</p> <p>SAT: 8:30AM – 12PM</p>	<p>Accepting New Patients</p> <p>Medi-Cal VSP</p>	<p>Spanish Vietnamese Japanese Tagalog/Filipino</p>	Yes	Yes, for 5 years old and older.	<p>3 years old and older.</p> <p>Child needs to know English alphabet.</p>
Mission District/Bernal Heights (94110)						
<p>Dr. Randall Go, O.D.</p> <p>2458 Mission Street</p> <p>(415) 648-2129 Website: https://www.drrandallgo.com</p>	<p>MON - FRI: 9 AM-5 PM</p> <p>SAT: 9 AM-3 PM</p>	<p>Accepting New Patients</p> <p>Medi-Cal VSP</p>	Spanish Cantonese	No	Yes	<p>No age minimum.</p> <p>Child needs to know English alphabet or shapes</p>
Western Addition/Japantown (94115)						
<p>Haight Street Eyecare Dr. Terrence Chan, O.D.</p> <p>1752 Fillmore Street</p> <p>(415) 921-1500 Website: https://tlchan.com</p>	<p>MON - FRI 9 AM - 5:30 PM</p> <p><i>Closed between 12 PM - 1 PM.</i></p> <p>SAT: 9 AM - 2 PM</p>	<p>Accepting New Patients</p> <p>VSP (non-Medi-Cal & non-Medicaid) EyeMed (check with clinic the type of EyeMed accepted)</p>	Cantonese	No	Yes	<p>No age minimum.</p> <p>Child needs to know English alphabet or shapes</p>

Name, Address, Telephone	Hours	Accepting new patients, and Insurance Accepted (Call clinic to verify your insurance)	Other languages spoken	Able to support children with special needs/non-verbal	Sell glasses frame for children 3-5 y.o	Minimum age of child
Drs. Wong & Totsubo 1826 Buchanan Street, Suite A (415) 931-1903 Website: https://www.sfoptometry.com	MON - FRI: 9 AM - 5:30PM SAT: 9 AM - 5 PM	NOT accepting patients till November 2025. EyeMed VSP	None currently	No	No	3 years old and older. Child needs to know English alphabet.
Kaiser Permanente - Optometry 1635 Divisadero Street, 4th floor (second location in Mission Bay at 1600 Owens St, 3rd Floor) (415) 833-5665 Website: https://thrive.kaiserpermanente.org/care-near-you/northern-california/sanfrancisco/departments/optometry	MON-WED: 8:30 AM - 5 PM THU: 8 AM - 8 PM FRI: 8 AM - 5 PM Closed from 12 PM - 1 PM.	Accepting New Patients <i>Must be a Kaiser patient.</i>	Interpreters for all languages available.	Yes	Yes	No age minimum.
Visitation Valley (94134)						
Northeast Medical Services (NEMS) Optometry Clinic Portola Clinic: 2574 San Bruno Avenue 2 nd location: Chinatown Clinic at 1520 Stockton St. (415) 391-9686 Website: https://nems.org/services/optometry	MON – SAT: 8AM - 5 PM	Accepting New Patients <i>Must be a NEMS patient.</i> Medi-Cal (associated with SFHP and Anthem Blue Cross)	Interpreters for all languages available.	Yes	Yes	No age minimum. Child needs to know English alphabet, numbers, or shapes.

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Mission Bay (94158)						
Kaiser Permanente - Optometry 1600 Owens Street, 3rd Floor 2 nd location: Western Addition at 1635 Divisadero St, 4th Floor) (415) 833-5665 Website: https://thrive.kaiserpermanente.org/care-near-you/northern-california/sanfrancisco/departments/optometry	MON - FRI: 8 AM - 5 PM Closed from 12 PM - 1 PM	Accepting New Patients Must be a Kaiser patient.	Interpreters for all languages available.	Yes	Yes	No age minimum.
UCSF Benioff Children's Hospital at San Francisco – Pediatric Ophthalmology and Optometry Clinic 1825 – 4TH Street, 5th Floor, Reception 5C (415) 353-2800 Website: https://www.ucsfbenioffchildrens.org/clinics/ophthalmology-and-optometry-clinicsino	MON - FRI: 8 AM – 5 PM	Accepting New Patients Referral required from doctor. Medi-Cal (associated with SFHP and Anthem Blue Cross) For more information: https://www.ucsfhealth.org/billing-and-insurance	Interpreters for all languages available.	Yes	Yes Call: ACSF Augie Optical Dispensary 415-502-2066 for more information	No age minimum.
UCSF Wayne and Gladys Valley Center for Vision 490 Illinois Street, 3rd and 4th floor. (415) 353-2800 Website: https://www.ucsfhealth.org/clinics/ophthalmology-and-optometry-clinic	MON - FRI: 8 AM – 5PM	Accepting New Patients Referral required from doctor. Medi-Cal (associated with SFHP and Anthem Blue Cross) For more information: https://www.ucsfhealth.org/billing-and-insurance	Interpreters for all languages available.	Yes	Yes Call: ACSF Augie Optical Dispensary 415-502-2066 for more information	No age minimum.

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South of Market (94103)						
Dr. Jack Sinow, O.D. 71 – 6th Street (415) 777-3626	TUE - THU: 2 PM-5:30 PM	Accepting New Patients Medi-Cal (<i>ONLY if referred from San Francisco General Hospital</i>) Fee-For-Service VSP	Spanish Russian Cantonese Mandarin	Yes	No	3 years old and older. Child does <u>not</u> need to know English alphabet or numbers.
For children minimum age 5+						
Chinatown/North Beach (94108, 94133)						
Dr. Cecilia Mui, OD 1424 Stockton Street (415) 421-6666	MON-FRI: 11 AM - 5 PM SAT: 11 AM - 3 PM	Medi-Cal VSP	Cantonese Mandarin Tagalog	No	Yes	7 years and older. Child must know numbers.
Mission District/Bernal Heights (94110)						
Mission Optometry Inc. 2490 Mission Street (415) 550-8778 Website: https://www.missionoptometry2020.com	Medi-Cal patients: MON/WED/FRI: 10 AM - 12PM Regular hours: MON/TUE/WED/FRI: 10 AM - 5 PM (<i>Closed between 1 PM - 2 PM</i>). THU: 2- 5 pm. SAT: By appointment only	Accepting New Patients Medi-Cal (<i>there is a wait list for new Medi-Cal patients</i>) VSP EyeMed (Call clinic to confirm inc.)	Spanish	Yes, depending on the situation	Yes	5 years old and older. Child needs to know English alphabet, numbers, or shapes.
Haight-Ashbury (94117)						
Sister Mary Philippa Health Center - Eye Clinic (Catholic Healthcare West) 2235 Hayes Street, 5th Floor (415) 750-5500 Website: https://www.dignityhealth.org/bayarea/locations/stmarys/services/sister-mary-philippa-health-center	MON: 9 AM - 11 AM TUE: 1 PM – 4 PM	Must be a Sister Mary Philippa Health Center patient. Medi-Cal Medi-Cal Managed Care Fee-For-Service	Interpreters for all languages available	Yes	Yes	18 years and older.

Financial Assistance for Eye Exams and Eyeglasses:

Vision care for children is required to be covered under all insurance plans. There may be some out-of-pocket expenses depending on the type of glasses chosen. If you do not have health insurance, there are organizations and programs that offer free or low-cost eye exams and eyeglasses for those who qualify.

- Medi-Cal and Medi-Cal Managed Care plans (SF Health Plan/Anthem Blue Cross), Kaiser.

- New Eyes (glasses only) - <https://new-eyes.org/>

Sight for Students, a Vision Service Plan (VSP) - <https://vspglobal.com/cms/vspglobal-outreach/gift-certificates.html>