

HEAT WAVE INFORMATIONAL RESOURCES



INFORMATIONAL WEBPAGES FOR THE PUBLIC ON STAYING SAFE AND HEALTHY DURING A HEAT WAVE

HEAT IMPACT ON HEALTH



Heat kills more people directly than any other weather-related hazard. However, heat-related illnesses and deaths are preventable. Learn how climate change driven extreme heat impacts human health on the websites below.

- SFDPH Webpage Healthcare Resources for Extreme Heat: www.sf.gov/resource/2024/healthcare-resources-extreme-heat
- CDPH Extreme Heat: www.cdph.ca.gov/Programs/EPO/Pages/Extreme%20Heat%20Pages/BI_Natural-Disasters_Extreme-Heat.aspx
- CDC Extreme Heat and Health: www.cdc.gov/extreme-heat/about/index.html

STAY SAFE



Know what you can do to keep safe and healthy when weather conditions get hot. Visit these websites to learn simple heat safety tips.

- SF Heat Webpage: <https://www.sf.gov/extreme-heat>
- CDPH Tips for Preventing Heat-Related Illness: www.cdph.ca.gov/Programs/EPO/Pages/BI_Natural-Disasters_Extreme-Heat_Tips-for-Preventing-Heat-Related-Illness.aspx
- Are you Heat Ready, California?: heatready.ca.gov

GET OUT OF THE HEAT



Stay somewhere cool, especially between 10am and 4pm when it is the hottest. Those without air conditioning should visit a community cooling center or visit public locations such as a library or shopping mall. Find one near you on the websites below.

- San Francisco Public Library Cooling Centers: <http://www.sfpl.org/services/cooling-centers>
- CalOES County Cooling Centers & Resources: www.news.caloes.ca.gov/cooling-centers-and-resources-2/

BE INFORMED



Tune into local news and forecast websites for weather forecasts and alerts to plan ahead and prepare for heat.

- NWS Weather Forecast: www.weather.gov
- NWS HeatRisk Forecast: <https://ephtracking.cdc.gov/Applications/HeatRisk/>

INCLEMENT WEATHER SHELTER



Shelters may be available for those who are experiencing homelessness during extreme heat emergencies. Check SF Department of Homelessness and Supportive Housing (HSH) website for current resources: <http://www.sf.gov/departments--homelessness-and-supportive-housing>

